



VibesUP Mini Crystal Therapy
User Manual

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VibesUP Mini Crystal Therapy

NATURE'S PIEZO ENERGY TREATMENT for the Body!
THIS IS THE ONLY 'NATURAL ENERGY' PRODUCING
MASSAGE TOOL IN THE WORLD!

OUR BODIES are BRILLIANT at self repair but they often lack
the ENERGY required to regenerate at full capacity.

NATURAL ENERGY?

The machine itself is NOT the source of energy, it is the patented tiny Natural Quartz batteries in the attachment head that are the SOURCE of renewable, natural 'bioavailable' energy. The machine only provides the rapid on/off pressure to activate the natural crystal batteries in the attachment.

WHAT IS PIEZO ENERGY?

Quartz crystal is used in most of our technology because it is concentrated energy that activates when under pressure to produce tiny, rapid, amazing rays of natural energy (PIEZO)!

The unique material on each attachment contains 1000's of tiny spheres of quartz crystals in VibesUP 'patented pressure-activating' material.

VibesUP and this TOOL make no claims to cure or heal, they are only supplying the body with the Natural BIO AVAILABLE energy that the body can recognize as useable source of 'energy or FUEL' giving the body the opportunity to operate at an even more efficient capacity.

SPECIFIC THEMES? YES!

We can define what types of specific ENERGY RAYS are emitted from the attachments, by using different TYPES OF PLANT BOTANICALS/ESSENTIAL OILS in our attachment formulas. The plant botanicals are sealed into the VibesUP material along with the tiny quartz spheres and our proprietary amplifying liquid crystal. The material itself applies its own quartz activating pressure plus the massage gun's rapid ON/OFF pressure can not only amplify the amount of energy produced, NOW the plant formulas can define WHAT TYPES of energy rays are emitted!

Theme examples:
PAIN SUPPORT,
STRESS RELEASING,

MORE attachment THEMES will be available:

HEALTH SUPPORT,
MOTIVATED ENERGY,
CELLULITE CIRCULATION,

Soft touch attachments with

HAIR GROWTH SUPPORT, PINEAL SUPPORT.

And MORE

FEEL THE VIBES!

Notice after you have worked on an area and turn the massage tool off that you can often still feel the ongoing piezo energy in that area. YAY! That energy can be the perfect FUEL for your brilliant body to work with! IMAGINE YOUR BODY SAYING “THANK YOU”

IMPORTANT TIPS ON HOW TO USE

(Please also refer to the Training Videos on VibesUP.com)

FROM A LICENSED MASSAGE THERAPIST: Crystal Therapy can be used for self care or on clients for an effective deep tissue or relaxing energy treatment.

It can be useful in releasing tension and “stuck energy” that stores in our body. Restrictions can be a result of injuries, structural challenges and/or emotional traumas. It is important to work in the muscle tissue and to avoid usage directly on the bony protrusions, like the spine and especially bones in the neck.

I have utilized Crystal Therapy in my practice prior to hands on massage and also at the end of a treatment. It can be used for treating specific areas of tension or before any bodywork or energy treatment for relaxation and vibrational therapy.

Please consult your physician if you have any concerns in areas of surgery or injury.

Theresa J Brown, LMT (VibesUP Heartland)

Adjustable heads

VibesUP Mini Crystal Therapy is equipped with four different heads:

FLAT with slight curve-

FOOT GROUNDING TREATMENT

(Shungite, Heath, Pain & GROUNDING Formula)

FIRM BALL -

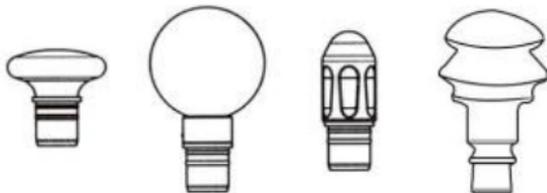
PAIN SUPPORT FORMULA (for muscles such as back, shoulders, legs and hips)

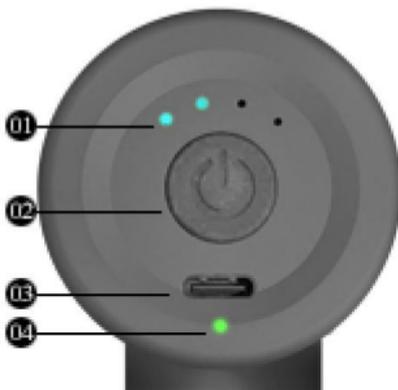
ACUPRESSURE POINTED TIP-

General Health Support.

SOFT TOUCH- STRESS & PAIN SUPPORT for areas you need to be more gentle with (for neck, head & face)

Massage Head





Product introduction

Product Parts			
Serial no.	Name	Serial no.	Name
01	Gear display led light	02	Power switch & gear adjust
03	USB type-c charging port	04	Power display led light

Product Description

Charging socket	Charge the massage gun to full capacity before first use. Do not use the product while charging. Always use the original charger with this product.
Power switch	The power switch is located under the bottom of the massage gun. Press and hold the power button for 1 second to switch on or off.
Level adjuster	Quickly press the power button to adjust the high gear. When it is adjusted to the highest gear, quickly press it again to lower the gear.
Battery indicator	Only the power on status is displayed, and the power is not displayed
Level indicator/RPM per level	level 1-4: 1600 RPM-2800RPM

BATTERY INFORMATION

The Massage Gun is equipped with a 12 volt lithium battery that takes 3 hours to fully charge. Be sure to turn off the device after each use. After ten minutes of usage the massage gun will automatically turn off. This battery cannot be removed and replaced with a different one.

SAFETY:

- Keep the product away from liquids, warm surfaces and fire.
 - Do not attempt to modify this product privately.
 - If the product causes any pain, stop using it immediately and consult a doctor before continuing usage.
 - To reduce the risk of an electric shock, fire, or damage to the user, please make sure to follow the instructions below
1. Only use the product when there is an adjustable head attachment equipped.
 2. Do not use it on the head or use the correct attachment to massage the part of the body as defined in this manual.

3. Stop using the product if you begin to feel pain or discomfort.
4. Keep your fingers, toes and hair away from the stem of attachment area of product when in use.
5. Keep away from water.
6. Do not use the product in a way not intended in this manual.
7. Only use the charger that comes with the product.
8. Never use the massage gun while charging. Check for abnormalities before use.

PRODUCT DISCLAIMERS:

NOTICE: Please use the product gently and wisely. Use at your own discretion and risk. VibesUP and Healthy Vibes, LLC accept no responsibility or liability for the use or misuse of this product or any harm caused as a result.

Do not use the product if one of these applies to you unless approved by a doctor:

If you are pregnant have diabetes, complications such as neuropathy, a pacemaker, recently had surgery, epilepsy, migraines, herniated disc(s), spondylosis.

Children should use the device with caution, and under no circumstance should a child under the age of ten years use or have the product used on them by another. Someone using an IUD.

REFLEXOLOGY CHARTS

Foot Reflexology Chart



Hand Reflexology Chart

